



# JULIAN VAIL, LLC NEWS & NOTES



AUGUST 28, 2009



## UPCOMING EVENTS

### WORLD ASSOCIATION OF DETECTIVES

CONFERENCE

September 1-5, 2009

Rio, Brazil

### MICHIGAN EQUINE

#### PARTNERSHIP MEETING:

Tuesday, September 15, 2009

6:30 p.m.

East Lansing, MI

### MICHIGAN COUNCIL OF PRIVATE INVESTIGATORS

Quarterly Membership  
Meeting

September 30, 2009

Lansing Lexington Hotel

Lansing, MI

*“The day of fortune  
is like a harvest  
day, we must be  
busy when the corn  
is ripe.”*

GOETHE *Torquato Tasso*

## 2009 MICHIGAN LEGISLATIVE SCHEDULE

### HOUSE OF REPRESENTATIVES

- 1:30 pm - Wednesday, September 2

### SENATE

- Not in session until September 9

## ZMITKO-SOMERS APPOINTED

Zmitko-Somers appointed to USDA Cherry Industry Administration Board

Jamie Zmitko-Somers, Michigan Department of Agriculture (MDA) employee and Saginaw County resident, has been appointed by the United States Department of Agriculture to serve a three-year term on the Cherry Industry Administration Board (CIAB), announced MDA Director Don Koivisto.

This appointment assures that Jamie will share her knowledge on international trade and emerging export markets with the national cherry industry, Koivisto said. Jamie is an asset to both MDA and the CIAB because of her knowledge and hands-on marketing experience.

For more information on the CIAB, visit [www.cherryboard.org](http://www.cherryboard.org). For more information on MDA and its efforts to develop international and domestic markets, visit [www.mdainter-national.com](http://www.mdainter-national.com)

## SOYFOODS SUPPORT GOOD HEALTH FOR ALL

Here is a hearty dish made with soy that's appealing to all.

### Golden Baked Beans

1 can (15 oz) yellow soybeans

2 cans (15 oz each) black soybeans

1/2 cup chopped onions

1/4 cup molasses

1 teaspoon dry mustard

1/4 cup brown sugar

1 cup frozen soy crumbles

1/2 teaspoon chopped garlic

2 tablespoons vinegar

1/2 teaspoon salt

Combine all ingredients, including liquid from canned beans. Bake uncovered in a 325 degree oven for one hour, stirring occasionally, if desired.

Yield: 10 servings. Per serving: 165 calories, 3 g fat (0 saturated fat), 15 g protein (14.8 g soy protein), 51 g carbohydrate, 202 mg sodium, 0 mg cholesterol, 5 g dietary fiber.

Look for more soyfoods recipes at: [www.soyconnection.com](http://www.soyconnection.com)

## ANNETTE WESTON JOINS MICHIGAN FARM RADIO NETWORK

Dennis Mellott, president and general manager of the Michigan Farm Radio Network, announced that Annette Weston, former news director of WSJM-AM Radio in St. Joseph / Benton Harbor, will be joining MFRN as agri-news reporter. Weston is an award-winning broadcast journalist with vast radio news experience.

Located in view of the Capitol in Lansing, the Michigan Farm Radio Network delivers programming to radio station affiliates targeted to a pure Michigan farm audience. Still committed to Michigan farming, it continues to serve as the only state-based radio network delivering 16 programs each day to over 20 affiliates.

For news and programming Annette Weston can be reached at [aweston@mfrn.com](mailto:aweston@mfrn.com). For promotion and marketing, Dennis Mellott can be reached at [dmellott@sagacom.com](mailto:dmellott@sagacom.com).

Julian Vail, LLC

235 North Pine St. ▪ Lansing, MI 48933 ▪ 517.372.1500 ▪ Fax: 517.372.1501 [www.julianvail.com](http://www.julianvail.com)